

BMW 2Study Skills 1 Goal Setting.....

Note to the presenter. We should now be in the 4th or 5th week of the term. This session is aimed at being very interactive, with the students giving feedback and opinions to the questions. They should have a notebook for this term and write down their grade at the close of Form 1 and then a target grade they truly set for themselves. This can be personally reviewed .

Good afternoon boys, who remembers their adjective? And what about Responsibility?

Great, let's chat this afternoon about

Goal Setting into study skills. **"Making It Happen"**

Do you think that everyone in CIC can succeed in school?

Why is succeeding in school so important?

"Please encourage responses here".

The answers tend to be:

To get a better job, to earn money, to afford a nice car, to afford a house.

The presenter: Note the common thread seems to always be to have material gain. (This point can be discussed.)

After this discussion, take a poll here to highlight that everyone has different ranges they aim for .

Question: *"What average are you aiming for ?" (An overall grade, may be given or a particular subject grade. The idea here is to have the boys set a target even if it is for 1 subject.)*

Write the count on the board or a note paper if you are not in a class.

A) 60-70%

B) 71-80%

C) 81-100%

What is the one constant in the answers? Everyone is aiming to pass. Some may be focused on a particular subject while others have aims for an overall pass.

If time permits, you can go the second file attachment till the bell rings.

Okay we can now discuss guidelines to developing healthy study and test taking habits.

(See 2nd file attachment)

